

Dual Diagnosis

**An introduction
to the mental health needs of persons
with developmental
disabilities**

Editors

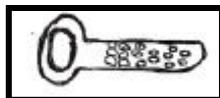
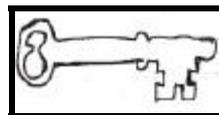
**Dorothy M. Griffiths,
Chrissoula Stavrakaki
and
Jane Summers**



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**An introduction
to the mental health needs of persons
with developmental disabilities**

These drawings by one of our clients, illustrates the message that a biopsychosocial approach is the “KEY” to providing optimal service to individuals with Dual Diagnosis.



**We wish to
dedicate this book to
all the persons with dual diagnosis who contributed to our
understanding.**

**Dual Diagnosis: An introduction to the mental health needs
of persons with developmental disabilities**

**Published by: Habilitative Mental Health Resource Network
First Printing, June 2002**

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Plaza 69 Postal Outlet
1935 Paris Street
Box 21020, Sudbury
Ontario P3E 6G6
Canada**

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Canadian Cataloguing in Publication Data

**Dual Diagnosis: An introduction to the mental health needs of
persons with developmental disabilities/ edited by
Dorothy Griffiths; Chrissoula Stavrakaki; and Jane Summers**

Includes references and index

ISBN 0-9688694-0-8

- 1. Developmental Disability**
- 2. Mental Health Problems**
- 3. Dual Diagnosis.**

Cover design : Usha Meister, Hamilton, Canada

Illustration facing page : Terry Bastarache

Printed in Canada by : Webcom Limited

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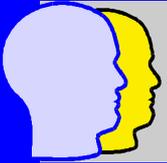
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Multi-Disciplinary



“The editors of this book have brought together clinicians and professionals who are among the best and brightest in the province (and beyond) in the field of developmental disabilities”..

**Dr. Benjamin Goldberg
Psychiatrist & Professor Emeritus
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**NADD Ontario
(Habilitative Mental Health
Resource Network)**

ISBN 0-9688694-0-8



Printed in Canada

Dual diagnoses require integrated and comprehensive care to fully address and rectify both conditions. Only treating one issue may put the person at an increased risk of relapse. Why is Dual Diagnosis Treatment Important? The concept of a dual diagnosis—alternatively referred to as co-occurring or comorbid disorders—is a clinical term that refers to the presence of both a substance use disorder and a mental or behavioral health condition. Dual diagnosis (also called co-occurring disorders, COD, or dual pathology) is the condition of suffering from a mental illness and a comorbid substance abuse problem. There is considerable debate surrounding the appropriateness of using a single category for a heterogeneous group of individuals with complex needs and a varied range of problems. Foundation's Dual Diagnosis Treatment Model and Rehab Programs: Adopt major characteristics of proven mental health and substance abuse treatment methods. Pairs these characteristics with components of integrated treatment including Dual diagnosis or co-occurring disorders is a term for someone who experiences a mental illness because of binge drinking, or the person abusing heroin during periods of mania. Alcohol and drug problem tend to occur with depression, anxiety disorders, schizophrenia, personality disorders, etc. The symptoms of substance abuse include: sudden changes in behaviour, withdrawal from friends and family, loss of control over use of substances, developing tolerance and withdrawal symptoms. Dual Diagnosis Treatment.