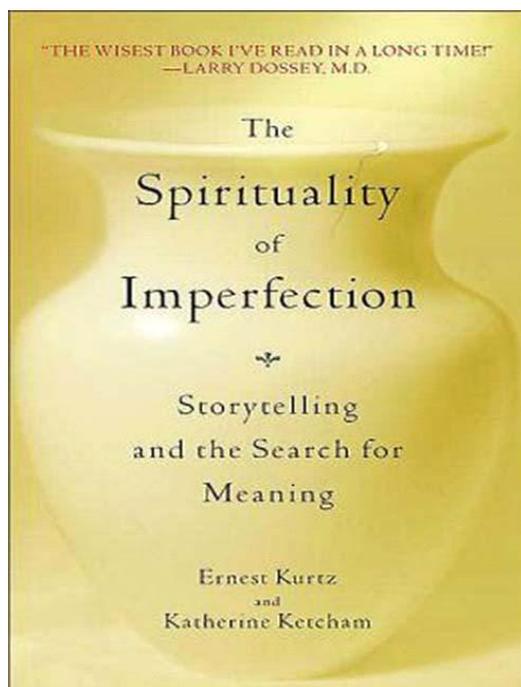


## The Spirituality of Imperfection

Storytelling and the Search for Meaning



Author(s): Ernest Kurtz, Katherine Ketcham  
Read by: David Drummond  
Category: RELIGION/Comparative Religion  
Print Publisher: Bantam Books 12/01/1993  
Running Time: 9 hrs 15 min  
Unabridged  
Rights: World English  
Publication Date: 03/26/2014  
Trade | 9781494500313 | 8 CDs | \$39.99  
Library | 9781494530310 | 8 CDs | \$83.99  
MP3 | 9781494550318 | 1 CD | \$29.99

### Key Marketing Points:

- First time on audio
- Ketcham is a *New York Times* bestselling author
- Ketcham's residence: Walla Walla, WA

Drawing from Christianity, Buddhism, Judaism, and Greek philosophy, Katherine Ketcham and Ernest Kurtz outline a spirituality and way of living in turbulent times.

### Bios:

Ernest Kurtz is the author of *Not-God*, one of the definitive histories of Alcoholics Anonymous, as well as other books on spirituality and alcohol dependency and recovery.

Katherine Ketcham is coauthor of twelve books, including the bestseller *Under the Influence: A Guide to the Myths and Realities of Alcoholism*, with James Milam, and *Beyond the Influence: Understanding and Defeating Alcoholism*, with William F. Ashbury.

David Drummond has made his living as an actor for over twenty-five years, and he received an *AudioFile* Earphones Award for his first audiobook, *Love 'Em or Lose 'Em*.

*I am not perfect* is a simple statement of profound truth, the first step toward understanding the human condition, for to deny your essential imperfection is to deny yourself and your own humanity. The spirituality of imperfection, steeped in the rich traditions of the Hebrew prophets and Greek thinkers, Buddhist sages and Christian disciples, is a message as timeless as it is timely. This insightful work draws on the wisdom stories of the ages to provide an extraordinary wellspring of hope and inspiration to anyone thirsting for spiritual growth and guidance in these troubled times.

Who are we? Why do we so often fall short of our goals for ourselves and others? By seeking to understand our limitations and accept the inevitability of failure and pain, we begin to ease the hurt and move toward a greater sense of serenity and self-awareness. *The Spirituality Of Imperfection* brings together stories from many spiritual and philosophical paths, weaving past traditions into a spirituality and a new way of thinking and living that works today. It speaks to anyone who yearns to find meaning within suffering. Beyond theory and technique, inside this remarkable book you will find a new way of thinking, a way of living that enables a truly human existence.

### Praise:

"One need not have an interest in AA to benefit from this fine introduction to spirituality." -*Library Journal*

"An inspiring guide, offering comfort... to those who want to stop striving for perfection and start living." -*Publishers Weekly*

### Also by the author:

Title	ISBN13	Author - Primary	Date - Publication	Price - U.S.
Miss O'Dell	9781400114917	Ketcham, Katherine	November 2009	\$39.99

Create. Make social videos in an instant: use custom templates to tell the right story for your business. For Hire. Post jobs, find pros, and collaborate commission-free in our professional marketplace. Enterprise. Get your team aligned with all the tools you need on one secure, reliable video platform. Stock. Browse and buy exceptional, royalty-free stock clips, handpicked by the best. The Spirituality of Imperfection. In the ideal world, everything goes off without a hitch. But in the real world there's usually a glitch. To some extent Hollywood and TV exaggerate the perfection notion for us. We watch movies and TV shows where everything goes off like clockwork and there are no failures, except where that advances the plot. But the perfect scene on TV or in the movies may have required dozens of "takes" to get it right. Even then, splicing of scenes may be required to make the whole thing seamless. But in the real world things are not always perfect. Imperfection is something to be accepted with humility. If we do this we are learning wisdom. It is the human condition to strive for that which is best and perfect and never give up on that quest. The spirituality of imperfection makes no claim to be "right." It is a spirituality more interested in questions than in answers, more a journey toward humility than a struggle for perfection. The spirituality of imperfection begins with the recognition that trying to be perfect is the most tragic human mistake. Adding to the ongoing discussion of the psychology and philosophy of spirituality, Kurtz and Ketcham observe "Spirituality begins with the acceptance that our fractured being, our imperfection, simply is: There is no one to "blame" for our errors" neither ourselves nor anyone nor anything else. Spirituality helps us first to see, and then to understand, and eventually to accept the imperfection that lies at the very core of our human being.