



## Williams' Basic Nutrition and Diet Therapy, 14th ed.

By Staci Nix

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diet, fluids, rest and relaxation. At birth, the reflexes an infant has are: rooting, sucking, and swallowing. The identification and labeling of an actual nutrition occurrence, risk of an occurrence, or potential for developing a nutrition problem is referred to as the nutrition diagnosis. A statement such as "evidence of iron-deficiency anemia" is part of the nutrition diagnosis statement. An example of a diet with modified texture is a liquid diet. The nutrition care process step of recommending additional glucose testing would be considered part of monitoring and evaluation. The term used to describe difficulty in swallowing is dysphagia. Williams' Basic Nutrition and Diet Therapy is a market leader in nutrition textbooks for support personnel in health care. It provides careful explanations of the basic principles of scientific nutrition and presents their applications in person-centered care in health and disease. The author, Staci Nix, provides this important information in an easy-to-read, user-friendly format by including helpful learning tools throughout the text. Williams Basic Nutrition Add to Cart. Buy Now. I didn't understand nutrition...learning it in school was a nightmare, but later, now that I have no pressure from class, I can read at my leisure. It gives the origin of names, which makes things easier to remember, and it can be correlated to nursing because it is really a nursing text. I actually began to understand how and why medications were given for certain conditions and also understood the nature of diseases better through this wonderful text. For concise, need-to-know coverage of the most up-to-date topics and research in nutritional care turn to Williams' Basic Nutrition & Diet Therapy, 15th Edition. This market leading text provides coverage of hot topics, emerging trends, and cutting-edge research, plus all the essentials for providing the best nutrition care. And with its conversational writing style, vivid illustrations, and wide array of reader-friendly features you can easily understand how the concepts in the book can be applied in clinical practice.