



Bob Woolmer's Art and Science of Cricket

By Bob Woolmer; Tim Noakes; Helen Moffett

Random House Struik, 2008. Condition: New. book.



READ ONLINE
[2.28 MB]

DOWNLOAD



Reviews

It is one of the best publications. It is really very intriguing through reading through periods of time. You will not feel monotony at any time of your own time (that's what catalogs are for relating to in the event you request me).

-- Dr. Pat Hegmann

It is one of my favorite publications. It is among the most awesome publications I have gone through. I am just quickly getting a delight of reading through a published publication.

-- Prof. Martin Zboncak DVM

Other eBooks



Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



Art appreciation (travel services and hotel management professional services and management expertise secondary vocational education teaching materials supporting national planning book)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pages Number: 146 Publisher: Higher Education Pub. Date :2009-07-01 version 2. This book is a secondary vocational education and management of...



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Gran s New Blue Shoes (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It is based on Oxford Reading Tree which...



Ella the Doggy Activity Book

Husky Publishing, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.This activity book is comprised of crossword puzzles, word search games, word scrambles, coloring pages, mazes, and more! The...



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on The Huffington Post, igniting countless conversations online...

Tim Noakes, Bob Woolmer. Place of Publication. London. He also directs the Medical Research Council/UCT Exercise Science and Sports Medicine Research Unit, which has produced nearly 400 scientific articles since its foundation 12 years ago. DR HELEN MOFFETT is a freelance writer and academic (she is a Senior Research Fellow at the African Gender Institute at the University of Cape Town). She is passionate about cricket, and has lectured all over the world on the social, political and cultural dimensions of the game. She has also co-produced two documentary films on cricket, transformation and nation-building in South Africa. Country of Publication

Cricket books are no different, and as such, the review team sometimes make a decision to sit on a book for a while, so that the final rating is not unduly affected by external factors. This was the case with the posthumous publishing of Bob Woolmer's The Art and Science of Cricket. However, a couple of years after the initial 2008 release, it was felt appropriate to now provide a review. There have been many cricket coaching manuals over the years. Some of the better known ones include James Pycroft's 1851 book entitled The Cricket Field (or The History and the Science of Cricket), The Jubile Woolmer, who had practically completed the book before his sad death during the 2007 World Cup, intended it to be far more than a mere coaching manual, though that section benefits from his considerable experience and innovatory thinking. His aim was to cover all aspects of the game, including selection, strategy, psychology, fitness and physiology, and with the help of two academics, Dr Helen Moffett and Professor Tim Noakes, a sports scientist, he succeeded triumphantly. Everything from the mysteries of swing to sledging and spinal injuries is analysed in this hefty tome (656 pages), with a Bob Woolmer was an international cricketer, professional cricket coach and also a professional commentator. Follow up to get more information about Woolmer's career info, records, and stats @ Sportskeeda. He was hailed as a promising all-rounder, and the only argument about Woolmer's cricketing ability and future in the game, was whether he might become a better bowler than batsman or vice versa. Domestic Career. Bob made his senior debut against Essex at the age of 20, but won his county cap only a year later. Ability to move the ball at medium pace and utter sharp batting skills were some of the best bets in his arsenal. At the age of just 22, Woolmer began coaching other youngsters in South Africa. Bob Woolmer played cricket at the highest levels and was considered the most innovative coach at the time of his tragic and untimely death at the 2007 World Cup. No customer reviews. 5 star (0%). Part III: Thinking Cricket - Strategy and Captaincy - Statistics: A View of the Future? - Coaching. Part IV: Cricket Science - Physiology and Fitness - Whither Cricket? The Future of the Game. Bibliography Index.