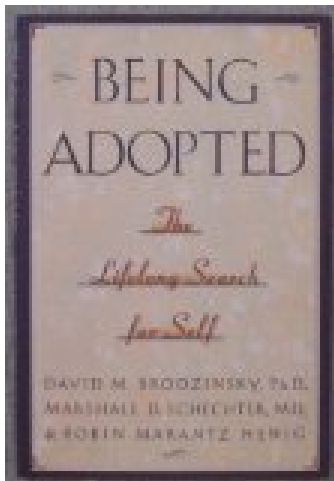


# [PDF] Being Adopted

David M. Brodzinsky - pdf download free book

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## Books Details:

Title: Being Adopted

Author: David M. Brodzinsky

Released: 1992-03-08

Language:

Pages: 213

ISBN: 0385414021

ISBN13: 978-0385414029

ASIN: 0385414021

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## Description:

**From Publishers Weekly** The authors ingeniously integrate psychological and educational theory to construct a model of the normal yet unique stages of adoptee development. They demonstrate, for example, how adopted adolescents undergoing the average struggle for identity must separate, not only from their adoptive families but from their "phantom" biological kin as well, and how incest taboos are more problematic for adopted teenagers. Adoptees themselves here vividly describe the nagging sense of loss and insecurity that often plague them throughout life. The disquieting message is that adopted children are at risk for psychological problems. But this illuminating book should help--and comfort--adoptees, adoptive parents and others who search for their identity. Brodzinsky teaches psychology at Rutgers, Schechter is professor emeritus of psychiatry at the University of Pennsylvania and Henig is a medical writer.

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**From Kirkus Reviews** A rather thin volume that nevertheless will reassure adoptees that it is usual for questions about adoption and birth parents to persist throughout life. Using Erik Erikson's stages of life as a framework, Brodzinsky (Psychology/Rutgers) and Schechter (Psychiatry/Univ. of Pennsylvania), here writing with Henig (*Your Premature Baby*, 1983, etc.), call upon years of experience as researchers and counselors in the field of adoption to describe the continual adjustments that adoptees make as they grow from infancy to old age. Most moving is the litany of losses that move adoptees to grieve, often unknowingly. Even infants only a few months old show signs of mourning their first caretakers. Later, the authors say, adoptees may confront the loss not only of a birth family but of a personal and genetic history. The latter is particularly painful when it is time for young adults to begin their own families. Such life crises often kick off a search for birth parents. But the book's authority is undermined by what the authors frankly admit is the rapidly changing environment of adoption, where secrecy and shame are now rarely invoked and searches are often unnecessary. Open adoption-- in which the birth mother is known to and is often closely attached to the adoptive family--and increasingly available birth records eliminate the information gap that most often causes stress in adopted families (although open adoption may create its own set of stresses, the authors point out). Replete with anecdotal material, this offers few new insights but does lay out issues of development that only adoptees face over the course of life. -- *Copyright ©1992, Kirkus Associates, LP. All rights reserved.*

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For many adoptees, coming to terms with being adopted is a challenging process. Confusion, grief, and self-doubt are completely normal, so don't feel ashamed if you feel these or any other powerful emotions. Give yourself permission to Adopted definition is - having been adopted: such as. How to use adopted in a sentence.Â 2020 My adopted hometown of Brighton on Englandâ€™s south coast is best known as a party town. â€” Stephanie Pain, Smithsonian Magazine, "Why Tree-Killing Epidemics Are on the Rise," 28 Sep.

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