



Bob Woolmer's Art and Science of Cricket

By Bob Woolmer; Tim Noakes; Helen Moffett

Random House Struik, 2008. Condition: New. book.



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Reviews

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ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on The Huffington Post, igniting countless conversations online...

Tim Noakes, Bob Woolmer. Place of Publication. London. He also directs the Medical Research Council/UCT Exercise Science and Sports Medicine Research Unit, which has produced nearly 400 scientific articles since its foundation 12 years ago. DR HELEN MOFFETT is a freelance writer and academic (she is a Senior Research Fellow at the African Gender Institute at the University of Cape Town). She is passionate about cricket, and has lectured all over the world on the social, political and cultural dimensions of the game. She has also co-produced two documentary films on cricket, transformation and nation-building in South Africa. Country of Publication

Bob Woolmer was an international cricketer, professional cricket coach and also a professional commentator. Follow up to get more information about Woolmer's career info, records, and stats @ Sportskeeda. He was hailed as a promising all-rounder, and the only argument about Woolmer's cricketing ability and future in the game, was whether he might become a better bowler than batsman or vice versa. Domestic Career. Bob made his senior debut against Essex at the age of 20, but won his county cap only a year later. Ability to move the ball at medium pace and utter sharp batting skills were some of the best bets in his arsenal. At the age of just 22, Woolmer began coaching other youngsters in South Africa. Cricket books are no different, and as such, the review team sometimes make a decision to sit on a book for a while, so that the final rating is not unduly affected by external factors. This was the case with the posthumous publishing of Bob Woolmer's The Art and Science of Cricket. However, a couple of years after the initial 2008 release, it was felt appropriate to now provide a review. There have been many cricket coaching manuals over the years. Some of the better known ones include James Pycroft's 1851 book entitled The Cricket Field (or The History and the Science of Cricket), The Jubilee BOB WOOLMER was considered the most forward-thinking coach in international cricket at the time of his tragic death at the 2007 World Cup in the Caribbean. He had just completed his magnum opus, a lifetime's wisdom garnered from playing and coaching cricket at the highest levels, as well as working with the most gifted cricketers of current times. DR. HELEN MOFFETT is a freelance writer and academic. In 2002 he received a doctor of science degree from UCT for seminal research findings in the exercise sciences. Noakes is one of the 22 founding members of the International Olympic Committee's Olympic Science Academy and is a fellow of the American College of Sports Medicine.